



## Report Sports Activities 2018-19

1. International Yoga Day was celebrated on 21<sup>st</sup> June, 2018. 80 students and some teachers participated in celebration and performed various *asanas*.
2. Sports Orientation lecture was conducted on 9<sup>th</sup> July, 2018. 86 students of first year B.A. and B.com attended the lecture.
3. Annual Sports Day held on 3<sup>rd</sup> December, 2017 at Fellowship ground. Number of competitions like Athletics-
  1. 100m. Running, 200m. Running,
  2. Tug of War,
  3. Carrom,
  4. Kho-kho,
  5. Essay,
  6. Elocution, and
  7. Chess were conducted.
4. More than 200 students of various streams from the college participated in various competitions out of which 16 prize winners were given medal and certificates.
5. College has started Yogasana, Badminton coaching on regular basis from the year 2007.
6. Special training is imparted to students participating in inter- collegiate and inter-university events.
7. Intercollegiate chess and carrom competitions.